

While the invention has been described in connection with a preferred embodiment, it is not intended to limit the scope of the invention to the particular form set forth, on the contrary, it is intended to cover such alternatives, modifications, and equivalents as may be included within the spirit and scope of the invention as defined by the appended claims.

**BENEFIT OF THE CLAIM:**

To provide a Tea that reduces the symptoms of Diabetes.

To provide a Tea that is a dietary Supplement for the people with diabetes.

To provide a Tea that tastes better than most medicinal Teas.

To provide a drink that is sugar free and a thirst quencher for people with diabetes.

To provide a drink for diabetes that is all natural.

To provide a choice drink that is easy to make and economical.

To provide a soothing drink in many different flavors such as mint, lemon, orange spice...etc.

## **CLAIMS:**

**What I claim as my invention is :**

- 1. A1 A composition of matter of Tea comprising:**  
**Boiling water;**
- A2 A composition of matter of Tea comprising:**  
**Chopped dried Bitter melon leaves; (Momordica Charantia)**  
**Also known as bittergourd,papailla,balsam pear,and pava-kai**
- A3 A composition of matter of Tea comprising:**  
**Fenugreek: (Trigonella Foenum graecum)**
- A4 A composition of matter of Tea comprising:**  
**Ground Cinnamon : (Cinnamomum Cassia)**
- A5 A composition of matter of Tea comprising:**  
**Dried parsley leaf : (Petroselinum Crispum)**
- A6 A composition of Tea comprising:**  
**Pathimukham**
- B1 A method for making Tea comprising:**  
**Boiling a pot of water**  
**Place one "Good living Tea" bag in a cup and pour hot water**  
**Allow 2 to 3 min. to steep**  
**Add lemon or mint for flavor if preferred**  
**Drink as hot Tea or add ice cubes to make iced Tea**